



Adrenal Hormone Report; saliva

**Order:** Sample Report**Client #:** 12345**Doctor:** Sample Doctor

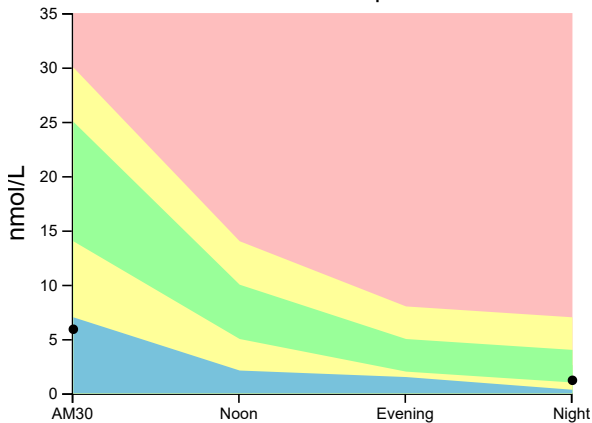
Doctor's Data, Inc.

3755 Illinois Ave.

St. Charles, IL 60174 USA

Patient: Sample Patient**Id:** P9999999999**Age:** 53 **DOB:** 01/01/1966**Sex:** Female**Body Mass Index (BMI):** 29.4**Menopausal Status:** Post-menopausal**Sample Collection Date/Time****Date Collected** 08/05/2019**AM30** 08/05/2019 05:45**Noon** 08/05/2019 12:20**Evening** 08/05/2019 18:00**Night** 08/05/2019 21:15**Date Received** 08/08/2019**Date Reported** 08/12/2019

Analyte	Result	Unit	L	WRI	H	Optimal Range	Reference Interval
Cortisol AM30	5.9	nmol/L	↓			14.0 – 25.0	7.0 – 30.0
Cortisol Night	1.2	nmol/L		◆		1.0 – 4.0	0.33 – 7.0
DHEA*	121	pg/mL		◆			106 – 300

Cortisol Graph**Hormone Comments:**

- The cortisol level(s) are suggestive of HPA axis (adrenal gland) dysfunction.

Notes:

RI= Reference Interval, L (blue)= Low (below RI), WRI (green)= Within RI (optimal), WRI (yellow)= Within RI (not optimal), H (red)= High (above RI)

The current samples are routinely held three weeks from receipt for additional testing.

*This test was developed and its performance characteristics determined by Doctor's Data, Inc. The FDA has not approved or cleared this test; however, FDA clearance or approval is not currently required for clinical use. The results are not intended to be used as the sole means for clinical diagnosis or patient management decisions.

Methodology: Enzyme Immunoassay



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Analyte	Result	Unit	L	WRI	H	Reference Interval	Supplementation Range**
Estradiol (E2)	1.5	pg/mL		◆		0.5 – 3.2	1.0 – 6.0
Progesterone (Pg)	19	pg/mL		◆		18 – 130	400 – 4000
Pg/E2 Ratio†	12.7						≥ 200
Testosterone	19	pg/mL		◆		6 – 49	25 – 60
DHEA*	121	pg/mL		◆		106 – 300	

**Hormone Comments:**

- A lack of ovulation in menopause results in a state of progesterone insufficiency. An in range Pg/E2 ratio in this stage is only attainable with progesterone supplementation. Progesterone supplementation is a consideration to benefit breast tissue, mood, cognition, cardiovascular and bone health.

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†The Pg/E2 ratio is an optimal range established based on clinical observation. Reference intervals for Pg/E2 ratio have not been established in males and post-menopausal women who are not supplementing with progesterone and/or estrogens.

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**If supplementation is reported then the supplementation ranges will be graphed. The supplementation ranges depicted are for informational purposes only and were derived from a cohort of adult men and women utilizing physiologic transdermal bioidentical hormone therapy.

Methodology: Enzyme Immunoassay