# Gastrointestinal Health



# Breakthrough Assessment of Bacteria, Yeast, Pathogens, Parasites and Biochemical Markers

- GI360<sup>™</sup> GI Microbiome Analysis by PCR
- Comprehensive Stool Analysis + Parasitology
- Comprehensive Vaginosis Profile
- Gl Pathogen Profile, PCR
- Celiac and Gluten Sensitivity Profile



SCIENCE+INSIGHT

# BRIDGING THE GAP BETWEEN RESEARCH AND THE CLINICAL WORLD

Clinical microbiology plays a crucial role in individual and community health. Because most microbes living on or within the body are beneficial, distinguishing those that are disease-producing is a critical function of a clinical microbiology laboratory.

Doctor's Data combines advanced PCR & MALDI-TOF technology with traditional clinical microbiology to provide world-class diagnostic microbiology testing that helps you assess digestive and absorptive functions, detect pathogens or parasites and identify specific bacteria and yeast.

Through specimens collected from a variety of body sites and the use of advanced assays and technology, Doctor's Data determines what microorganisms are present and which may be causing infection. Our painstaking approach can help you select the most appropriate antimicrobial therapy and the comprehensive nature of our testing represents real value for your patients and practice.

# GI360™ Stool Profiles, multiplex PCR



# Extensive Assessment of the Gastrointestinal Microbiome

- PCR Analysis for the Abundance and Diversity of Key Bacterial Populations of the GI Microbiome
- PCR Detection of Pathogenic Bacteria, Viruses and Parasites
- Comprehensive Parasitology by Microscopy

- MALDI-TOF ID of Cultured Bacteria and Yeast
- Broad Range of Stool Chemistry Markers
- Standardized Susceptibility Testing of Isolated Bacteria and Yeast

Introducing the GI360™ Profile: an innovative, comprehensive and clinically-applicable stool profile, utilizing multiplex PCR molecular technology coupled with growth-based culture and ID by MALDI-TOF, sensitive biochemical assays and microscopy to detect and assess the status of pathogens, viruses, parasites and bacteria that may be contributing to acute or chronic gastrointestinal symptoms and disease.

# **Microbiome Abundance and Diversity**

The GI360™ Profile is a gut microbiota DNA analysis tool that identifies and characterizes the abundance and diversity of

more than 45 targeted analytes that peer-reviewed research has shown to contribute to dysbiosis and other chronic disease states.

The GI360™ can identify the presence of pathogenic viruses, bacteria, and parasites using multiplexed, real-time PCR. Viruses are the primary cause of acute diarrhea, and the least commonly tested. The identification of pathogenic bacteria, viruses and parasites improves treatment strategies and patient outcomes.

# Stool Analysis Profiles and Test Components



|  | GI 360   | CSA+P<br>Comprehensive<br>Stool Analysis | <b>CSA</b> Comprehensive Stool Analysis | CP+P Culture, PCR + Parasites | GI Pathogen<br>Profile |
|--|----------|--|---|-------------------------------|------------------------|
|  |          | + Parasitology                           | Stoot Allatysis                         | Parasites                     | Profile                |
| GI Microbiome Diversity and Abundance; PCR   | <b>V</b> |  |   |                               |                        |
| Viruses, Pathogens and Parasites; PCR  | <b>V</b> | ~  | <b>V</b>                                | <b>V</b>                      | <b>V</b>               |
| Expected/Beneficial Bacteria Culture: Including <i>Bacteroides fragilis,</i> Bifidobacteria, E. coli, Lactobacillus, Enterococcus, Clostridium spp.  |          | <b>✓</b>                                 | ~                                       | V                             |                        |
| Dysbiotic Bacteria Culture and ID: Including Aeromonas,<br>Campylobacter, Plesiomonas, Salmonella, Shigella, Vibrio, Yersinia,<br>Edwardsiella tarda | ~        | <b>✓</b>                                 | ~                                       | V                             |                        |
| Commensal/Imbalanced Bacteria Culture and ID   | <b>V</b> | <b>V</b>                                 | <b>V</b>                                | <b>V</b>                      |                        |
| Yeast Culture and ID   | <b>V</b> | <b>✓</b>                                 | <b>V</b>                                | <b>V</b>                      |                        |
| Pharmaceutical and Natural Agent Yeast/Bacterial Susceptibilities (performed when indicated)   | <b>V</b> | V  | ~                                       | V                             |                        |
| Parasitology Identification Concentrate and Trichrome Stain  | <b>✓</b> | <b>V</b>                                 |   | <b>✓</b>                      |                        |
| Giardia lamblia  | <b>V</b> | <b>V</b>                                 |   | <b>V</b>                      |                        |
| Cryptosporidium  | <b>✓</b> | <b>✓</b>                                 |   | <b>V</b>                      |                        |
| Elastase   | <b>V</b> | <b>V</b>                                 | <b>V</b>                                |                               |                        |
| Fat Stain  | <b>✓</b> | <b>✓</b>                                 | <b>V</b>                                |                               |                        |
| Muscle and Vegetable Fibers  | <b>V</b> | <b>V</b>                                 | <b>V</b>                                |                               |                        |
| Carbohydrates  | <b>✓</b> | <b>✓</b>                                 | <b>V</b>                                |                               |                        |
| Lysozyme   | <b>V</b> | <b>V</b>                                 | <b>V</b>                                |                               |                        |
| Calprotectin   | <b>✓</b> | <b>✓</b>                                 | <b>V</b>                                |                               |                        |
| Lactoferrin  | <b>V</b> | <b>V</b>                                 | <b>V</b>                                |                               |                        |
| White Blood Cells (WBC)  | <b>✓</b> | <b>✓</b>                                 | <b>V</b>                                |                               |                        |
| Mucus  | <b>V</b> | <b>V</b>                                 | <b>V</b>                                |                               |                        |
| Secretory IgA  | V        | <b>V</b>                                 | <b>~</b>                                |                               |                        |
| Short Chain Fatty Acids  | <b>V</b> | V  | <b>V</b>                                |                               |                        |
| Red Blood Cells (RBC)  | <b>V</b> | <b>V</b>                                 | <b>~</b>                                |                               |                        |
| рН   | <b>V</b> | V  | <b>V</b>                                |                               |                        |
| Occult Blood   | <b>V</b> | <b>V</b>                                 | V                                       |                               |                        |
| Beta-Glucuronidase   | V        |  |   |                               |                        |

<sup>\*</sup>Parasitology testing can include one-, two- or three-day collection, based on practitioner preference.

# Individual Or Add-On Tests

H. Pylori Stool Antigen

Macroscopic Worm Identification

Zonulin Family Protein

Smaller profiles and single-analyte tests are also available. Call Doctor's Data for assistance in selecting the tests that will maximize value for your patients.

# GI360™ Stool Profiles



|  | GI360™   | GI360™<br>ESSENTIALS | GI360™<br><i>MICROBIOME</i> |
|--|----------|----------------------|-----------------------------|
| GI Microbiome Diversity and Abundance; PCR                                   | <b>~</b> | <b>✓</b>             | V                           |
| Viruses, Pathogens and Parasites; PCR  | <b>~</b> | <b>✓</b>             |                             |
| Expanded Parasitology; Microscopy  | <b>V</b> | V                    |                             |
| Bacterial and Fungal Culturomics w/ Direct<br>Susceptibilities; MALDI-TOF MS | <b>✓</b> | <b>V</b>             |                             |
| Stool Chemistries  | <b>V</b> |                      |                             |
| Beta-Glucuronidase   | <b>✓</b> |                      |                             |

# Consider the GI360™ Profiles for your patients that present with gastrointestinal complaints and chronic systemic conditions:

| Gastrointestinal Symptoms | Food Sensitivities        | Bloody Stool                |
|---------------------------|---------------------------|-----------------------------|
| Autoimmune Disease        | Nutritional Deficiencies  | Mucosal Barrier Dysfunction |
| IBD/IBS                   | Joint Pain                | Abdominal Pain              |
| Inflammation              | Chronic or Acute Diarrhea | Fever and Vomiting          |

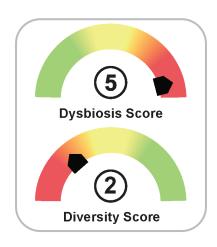
# The Dysbiosis and Diversity Index

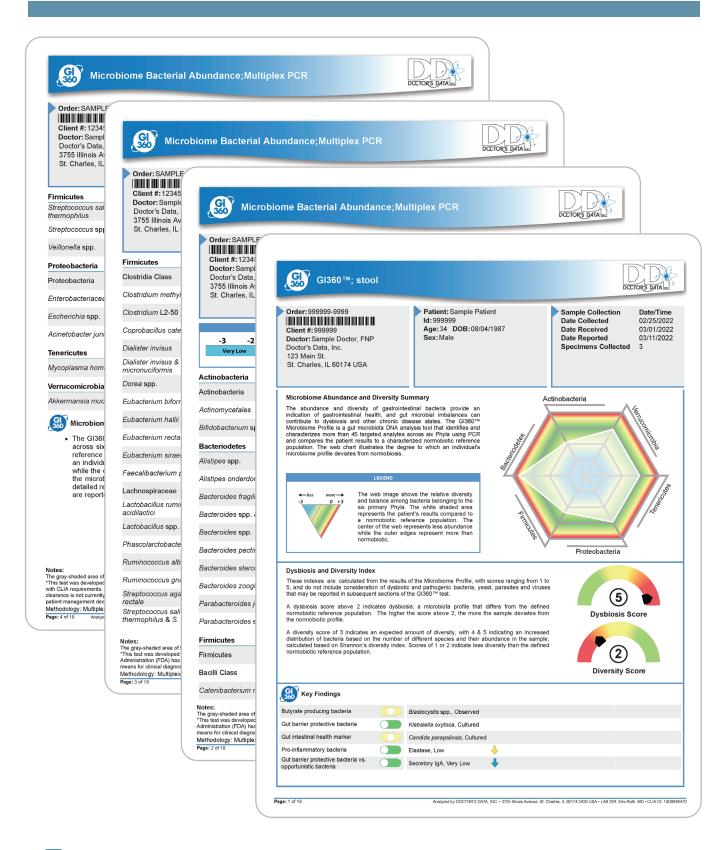
These indexes are calculated from the results of the Microbiome Profile, with scores ranging from 1 to 5, and do not include consideration of dysbiotic and pathogenic bacteria, yeast, parasites and viruses that may be reported in subsequent sections of the  $GI360^{\text{m}}$  test.

**A dysbiosis score** above 2 indicates dysbiosis; a microbiota profile that differs from the defined normobiotic reference population. The higher the score above 2, the more the sample deviates from the normobiotic profile.

A diversity score of 3 indicates an expected amount of diversity, with 4 & 5 indicating an increased distribution of bacteria based on the number of different species and their abundance in the sample, calculated based on Shannon's diversity index. Scores of 1 or 2 indicate less diversity than the defined normobiotic reference population.

This expanded view of clinically significant bacteria offers actionable data to the practitioner, particularly in combination with the complementary methodologies employed by Doctor's Data in the Gl360™ profile.





For more information about this advanced profile, including research publications, a detailed resource guide, abstracts, posters, collection instructions, videos and presentations,

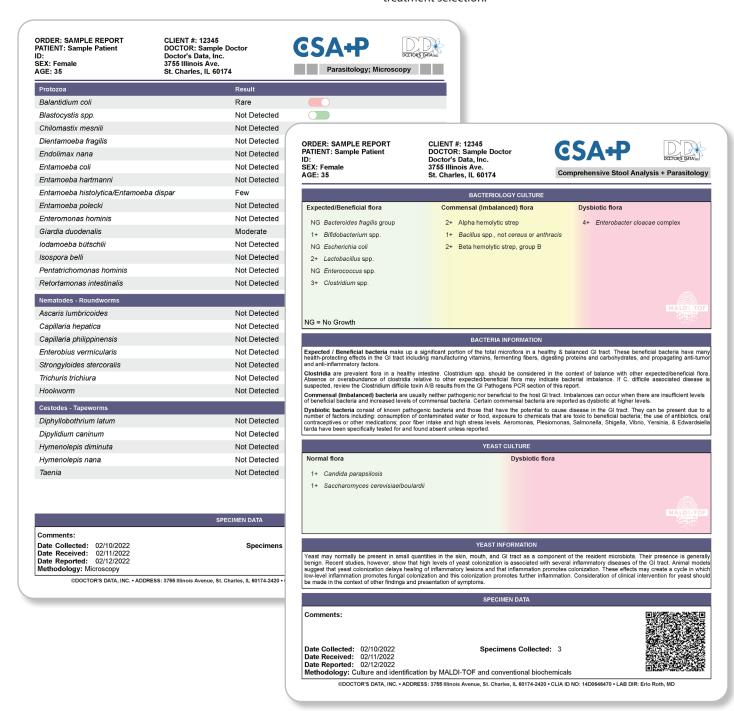
visit Gl360.com

# Comprehensive Stool Analysis + Parasitology



Gastrointestinal complaints are among the most common in medical care, with symptoms ranging from diarrhea, constipation, bloating and indigestion to irritable bowel syndrome and malabsorption.

This comprehensive panel is the starting point for pinpointing the causes of gastrointestinal symptoms and chronic conditions, and measures key markers of digestive and absorptive function and inflammation, all to guide targeted treatment selection.



## Bacteria, Yeast and Parasites

The Comprehensive Stool Analysis + Parasitology utilizes comprehensive bacteriology and yeast cultures to identify the presence of beneficial flora, imbalanced flora including Clostridium species, and dysbiotic flora, as well as the detection of infectious pathogens and parasites by PCR and other gold standard methods. Antimicrobial susceptibility testing to prescriptive and natural agents is also performed for appropriate cultured bacterial and fungal species at no additional charge.

# Digestion and Absorption

For insight into degenerative diseases, compromised immune status or nutritional deficiencies, this comprehensive panel also evaluates the efficiency of digestion and absorption by measuring fecal levels of elastase, an indicator of pancreatic exocrine sufficiency, as well as fat, carbohydrates, and muscle and vegetable fibers.

### Inflammation

Specific inflammatory markers such as calprotectin, lactoferrin, and lysozyme can assist in differentiating between irritable bowel disease (IBD) and irritable bowel syndrome (IBS).

ORDER: SAMPLE REPORT PATIENT: Sample Patient SEX: Female

### Trematodes - Flukes

Clonorchis sinensis

Fasciola hepatica/Fasciolop Heterophyes heterophyes

Paragonimus westermani

RBC WBC

Muscle fibers

Vegetable fibers

Charcot-Levden Crystals

Pollen

### Macroscopic Appearance

Mucus

### Parasitology Information This test is not designed to dete

Intestinal parasites are abnorma any parasite within the intestine host includes parasitic burden a large role in the morbidity of th There are two main classes of ir stage that is the metabolically environmental conditions outside or parasitic in nature. In their adu In general, acute manifestations However these symptoms do no parasitic infections can cause da can also be associated with inci indigestion, skin disorders, joint In some instances, parasites ma cysticercosis. In addition, some being produced and found in ever

Red Blood Cells (RBC) in the ulcerative colitis. Colorectal cand White Blood Cells (WBC) and bowel diseases such as Crohn's Muscle fibers in the stool are at muscle fibers.

Vegetable fibers in the stool ma

### Comments:

Date Collected: 02/10/2022 Date Received: 02/10/20.

Date Reported: 02/11/20.

Methodology: Microscopy 02/11/2022 02/12/2022

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ORDER: SAMPLE REPORT ID: SEX: Female

# AGF: 35

Digestion / Absorption Elastase

Fat Stain Carbohydrates<sup>†</sup>

Lactoferrin

Calprotectin Lysozyme\*

Secretory IgA\*

% Acetate<sup>‡</sup>

% Propionate

% Butyrate‡ % Valerate‡

Butyrate<sup>‡</sup>

Total SCFA's‡

рΗ

Occult Blood

## opic Appearance

Color

Consistency

### **Chemistry Information**

Elastase findings can be us levels and chronic pancreatiti Fat Stain: Microscopic deterabsorption and to detect steam Carbohydrates: The present

### Comments:

Date Collected: 02/10/2022 Date Received: 02/11/2022 Date Reported: 02/12/2022 Methodology: Elisa, Microsco

This test has been modified from the m

†This test was developed and its perform Administration (FDA) has not approved o ©DOCTOR'S DATA, INC

ORDER: SAMPLE REPORT PATIENT: Sample Patient ID: SEX: Female

Amoxicillin-Clavulanic Acid

Ampicillin

Cefazolin

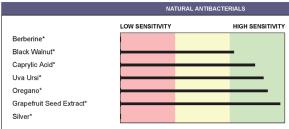
Ceffazidime

Ciprofloxacin

CLIENT #: 12345 DOCTOR: Sample Doctor Doctor's Data, Inc. 3755 Illinois Ave. St. Charles, IL 60174



# Enterobacter cloacae complex



Natural antibacterial agents may be useful for treatment of patients when organisms display in-vitro sensitivity to these agents. The test is performed by using standardized techniques and filter paper disks impregnated with the listed agent. Relative sensitivity is reported for agent. Relative sensitivity is reported for each natural agent based upon the diameter of the zone of inhibition surrounding the disk. Data based on over 5000 individual observations were used to relate the zone size to the activity level of the agent. A scale of relative sensitivity is defined for the natural agents tested.

### PRESCRIPTIVE AGENTS



infection due to the bacteria may be appropriately treated when the recommended dosage of the tested antimicrobial agent is used. Intermediate results imply that response rates may be lower than for susceptible bacteria when the tested antimicrobial agent is used. Resistant results imply that the bacteria will not be inhibited by normal dosage levels of the tested antimicrobial agent.

Comments:

Date Collected: 02/10/2022 Date Received: 02/11/2022 Date Reported: 02/12/2022 Methodology: Disk Diffusion

Specimens Collected: 3



est was developed and its performance characteristics determined by Doctor's Data Laboratories in a manner consistent with CLIA requirements. The U. S. Food and Drug stration (FDA) has not approved or cleared this test; however, FDA clearance is not currently required for clinical use. The results are not intended to be used as a sole

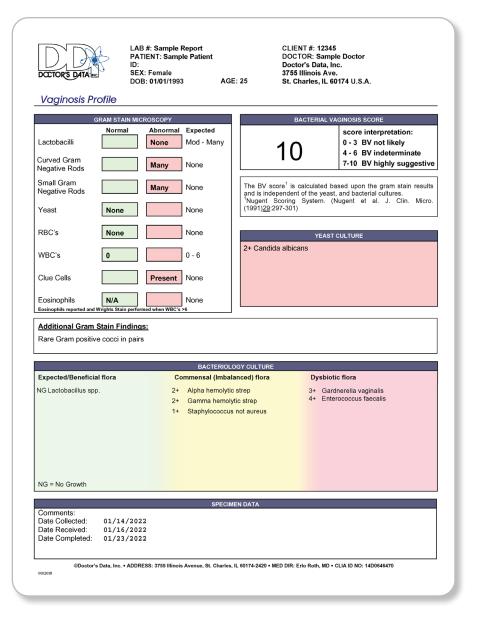
ar diagnosis or patient management decisions.
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# Vaginosis Profile



While common, diagnosis of vaginal infections by symptoms alone is not reliable. Properly identifying the cause, as well as factors which might upset the balance of microflora, are critical to successfully treating the infection.

Based on a self-collected sample, the Vaginosis Profile differentiates between bacterial vaginosis and vulvovaginal candidiasis to guide effective treatment. A bacterial vaginosis score based upon the Nugent Scoring System is provided. Antimicrobial susceptibility testing is also performed for appropriate bacterial and fungal species at no additional charge.

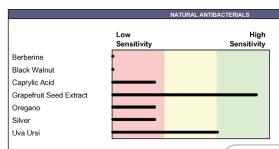




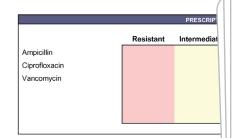
LAB #: Sample Report PATIENT: Sample Patient ID: SEX: Female DOB: 01/01/1993

CLIENT #: 12345 DOCTOR: Sample Doctor Doctor's Data, Inc. 3755 Illinois Ave. St. Charles, IL 60174 U.S.A.

### Bacterial Susceptibilities: Enterococcus faecalis



Natural antibacterial agents may be useful for treatment of patients when organisms display in-vitro sensitivity to these agents. The test is performed by using standardized techniques and filter paper disks impregnated with the listed agent. Relative sensitivity is reported for each natural agent based upon the diameter of the zone of inhibition surrounding the disk. Data based on over 5000 individual observations were used to relate the zone size to the pertivity level of Natural antibacterial agents may be relate the zone size to the activity level of the agent. A scale of relative sensitivity is defined for the natural agents tested.



Date Collected: 01/31/2022 Date Received: 02/01/2022 Date Completed: 02/07/2022 ©DOCTOR'S DATA, INC. • ADDRESS: 3755 Illinois Avenue, St. Charles, IL 6

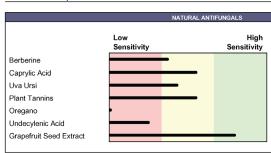
Swab can be self-collected at home. Results are presented in a clear, easy-to-understand report which details target ranges and graphically illustrates areas of concern. Resultspecific commentary is also provided.



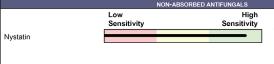
LAB #: Sample Report PATIENT: Sample Patient ID: SEX: Female DOB: 01/01/1993

**CLIENT #: 12345** DOCTOR: Sample Doctor Doctor's Data, Inc. 3755 Illinois Ave. St. Charles, IL 60174 U.S.A.

### Yeast Susceptibilities: Candida albicans



Natural antifungal agents may be useful Natural antifungal agents may be useful for treatment of patients when organisms display in-vitro sensitivity to these agents. The test is performed by using standardized techniques and filter paper disks impregnated with the listed agent. Relative sensitivity is reported for each natural agent based upon the diameter of the zone of inhibition surrounding the disk. the zone of inhibition surrounding the disk. Data based on over 5000 individual observations were used to relate the zone size to the activity level of the agent. A scale of relative sensitivity is defined for the natural agents tested.



Non-absorbed antifungals may be useful Non-absorbed antirungais may be useful for treatment of patients when organisms display in-vitro sensitivity to these agents. The test is performed using standardized commercially prepared disks impregnated with Nystatin. Relative sensitivity is reported based upon the diameter of the zone of inhibition surrounding the disk.

|              |           | AZOLE ANTIF | FUNGALS     |
|--------------|-----------|-------------|-------------|
|              | Resistant | S-DD        | Susceptible |
| Fluconazole  |           |             | S           |
| Itraconazole |           | S-DD        |             |
| Ketoconazole |           |             | s           |
|              |           |             |             |
|              |           |             |             |

Susceptible results imply that an infection due to the fungus may be appropriately treated when the recommended dosage of the tested antifungal agent is used.

Susceptible - Dose Dependent (S-DD) results imply that an infection due to the fungus may be treated when the highest recommended dosage of the tested antifungal agent is used.

Resistant results imply that the fungus will not be inhibited by normal dosage levels of the tested antifungal agent.

Standardized test interpretive categories established for Candida spp. are used for all yeast isolates

Date Collected: 01/31/2022 Date Received: 02/01/2022 Date Completed: 02/07/2022 esting is intended for research use only. Not for use in diagnostic procedures

v10.11

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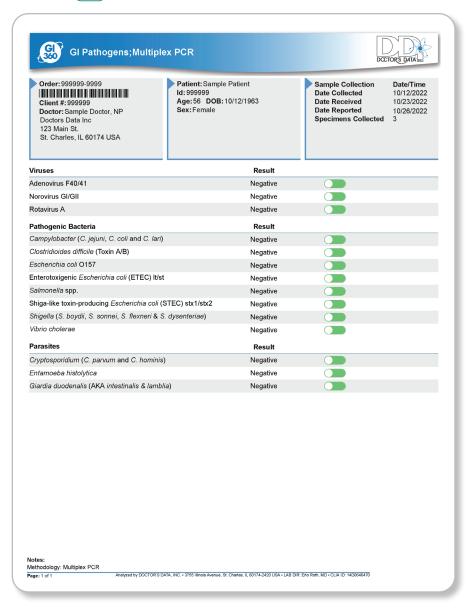
# GI Pathogen Profile, multiplex PCR



Overlapping symptoms—compounded by the lack of testing methods that could identify a full range of viruses, parasites, and bacteria—have historically made GI infections difficult to diagnose. The GI Pathogen Profile, an FDA-cleared molecular test, uses a multiplex PCR system to identify 14 viruses, parasites, and bacteria with the test's 99.9% overall negative predictive value.

The GI Pathogen Profile provides results to target treatment for greater therapeutic efficacy and reduced risk of complications and side effects associated with incorrect treatment or unwarranted antimicrobial administration.

Use the GI Pathogen Profile as a standalone test, or explore other larger profiles where these markers are included (GI360<sup>™</sup>, Comprehensive Stool Analysis profiles, or Culture, PCR + Parasitology).



# Celiac and Gluten Sensitivity Profile





Celiac disease (CD) is often undiagnosed. It is caused, in genetically predisposed individuals, by abnormal intestinal permeability and abnormal immune response to gluten, a protein complex found in wheat, barley, spelt and rye. The inflammatory autoimmune response damages the lining of the small bowel and is associated with diarrhea, bloating, fatigue, nutritional deficiencies and systemic autoimmune conditions. Gluten sensitivity can cause similar symptoms, but without the same level of tissue damage. The Celiac and Gluten Sensitivity Profile from Doctor's Data helps differentiate between CD, non-celiac gluten sensitivity (NCGS) and wheat allergy by evaluating the serum titers of IgA and IgG for tissue transglutaminase, deamidated gliadin peptide and gliadin. Wheat allergy is assessed by titers of IgE for wheat. Indications of possible CD and NCGS will only be accurate if the patient is on a gluten-inclusive diet. The test is also useful for monitoring adherence to a gluten-free diet.

# This test is useful for

- Patients who have rash or other persistent skin conditions, ataxia, idiopathic neurological conditions, autoimmune arthritis or thyroiditis, unexplained weight loss, or persistent gastrointestinal symptoms that are not associated with enteropathogens
- Symptomatic individuals that have tested positive for the HLA DQ2/DQ8 genotypes
- Patients with symptoms or symptom exacerbation with dietary gluten or re-introduction of gluten after a trial elimination of gluten
- Individuals that have a first-degree relative with a diagnosis of CD



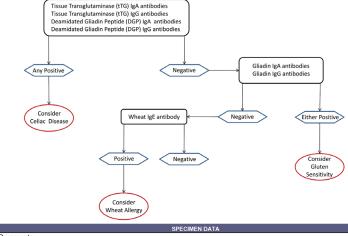
LAB #: B000000-0000-0 PATIENT: Sample Patient ID: P00000000000 AGE: 8

CLIENT #: 12345 DOCTOR: Doctor's Data, Inc. 3755 Illinois Ave. St. Charles, IL 60174 U.S.A.

Celiac & Gluten Sensitivity; serum

| ANTIBODIES                           |       |             |   |                       |     |     |                                |                            |    |   |
|--------------------------------------|-------|-------------|---|-----------------------|-----|-----|--------------------------------|----------------------------|----|---|
|                                      | RESU  | RESULT/UNIT |   | REFERENCE<br>INTERVAL |     | NE  | G                              | WEAK F                     | os | POSITIVE                                |
| Tissue Transglutaminase (tTG) IgA    | 141   | U           | < | 20.                   | 0   |     |                                |                            |    | -                                       |
| Tissue Transglutaminase (tTG) IgG    | 17.2  | U           | < | 20.                   | 0   |     | _                              |                            |    |   |
| Deamidated Gliadin Peptide (DGP) IgA | < 5.2 | U           | < | 20.                   | 0   |     |                                |                            |    |   |
| Deamidated Gliadin Peptide (DGP) IgG | 32.1  | U           | < | 20.                   | 0   |     |                                |                            | _  |   |
| Gliadin IgA                          | 14.0  | U           | < | 20.                   | 0   |     | _                              |                            |    |   |
| Gliadin IgG                          | 86.0  | U           | < | 20.                   | 0   |     |                                |                            |    |   |
| Wheat IgE                            | 0.16  | IU/mL       | < | 0.0                   | 8   |     |                                | _                          |    | *************************************** |
|                                      |       |             |   |                       |     | 2.5 | <sup>th</sup> 16 <sup>th</sup> | PERCENT<br>50 <sup>8</sup> | _  | th 97.5 <sup>th</sup>                   |
| Immunoglobulin A (IgA)               | 126   | mg/dL       |   | 35-                   | 300 |     |                                |                            |    |   |

Celiac Disease/Gluten Sensitivity/Wheat Allergy Cascade



Date Collected: 01/09/2022 Date Received: Date Completed: 01/17/2022 Method: Chemiluminesent, Immunoassay e, St. Charles, IL 60174-2420 • CLIA ID NO: 14D0646470 • MEDICARE PROVIDER NO: 148453

- Any child with a history of three or more antibiotic-treated cases of gastroenteritis while less than six months of age
- Patients on a gluten-inclusive diet who have type I diabetes, multiple sclerosis or schizophrenia
- Individuals on a gluten-inclusive diet

who have other laboratory evidence that may be associated with CD:

- · Elevated liver function tests
- · Bone demineralization
- Evidence of impaired absorption of fat-soluble vitamins, iron, B12 or folic acid

# **OUR MISSION:**

To research, develop and offer innovative specialty tests that help doctors identify health risks and improve outcomes for patients with chronic conditions.

To educate and support healthcare professionals.

To improve lives through science.



SCIENCE+INSIGHT

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# About Doctor's Data

Doctor's Data, Inc. has provided innovative specialty testing to healthcare practitioners around the world from our advanced, CLIA-licensed clinical laboratory since 1972.

As a pioneer in the laboratory testing industry, Doctor's Data provides a wide array of testing solutions to aid in decision making and better patient outcomes. Choose Doctor's Data to help you assess and treat heavy metal burden, nutritional deficiencies, gastrointestinal function, hormone status, cardiovascular risk, liver and metabolic abnormalities, and more.