



## US FedEx Shipping Instructions

- 1) Ship specimens Monday through Friday. If you complete the collection on the weekend, hold the specimen until the following Monday to ship.
- 2) Place the cardboard kit box containing the specimens and the completed test requisition form into the FedEx Clinical Pak.
- 3) Write your name and address in the space provided on the prepaid Billable Stamp and tear off the Customer Receipt for your records.
- 4) To schedule a pickup, call FedEx toll-free at 1-800-463-3339 (1-800-GO FEDEX). When you hear the automated greeting, say "Schedule a Pick-up." At the next prompt, say "Schedule a Pick-up with a Label or Stamp." You will then be asked if the word "Stamp" is written on the waybill; reply "Yes". You will be asked if your pickup location is a residence or a business; respond with your location type. You will then be prompted for your address information.

**Do not use a drop box.** FedEx will not accept specimens placed into a drop box.

If you are located in the United States and choose to use a different courier or level of service than provided or are located outside the United States, you must make your own shipping arrangements at your own expense.



US & CANADA: 1.800.323.2784 - UK: 0871.218.0052  
ELSEWHERE: 1.630.377.8139 - FAX: 1.630.587.7860  
3755 Illinois Avenue, St. Charles, IL USA 60174-2420  
inquiries@doctorsdata.com - www.doctorsdata.com

## DNA Methylation Pathway Profile; whole blood

### Before You Start:

Please read all of the directions, and familiarize yourself with the collection procedures.

The test requires no special diet. The Informed Consent Form must be completed and returned with the specimen in order to process this test.

### Phlebotomist Notes:

Tubes: Lavender-top EDTA tube

Processing: no special handling

Rejection: < 2 mL, **no signed consent form**

Shipping/Stability: Can be stored at Room Temperature prior to shipping

### Verify Kit Contents:

- 1 Lavender top EDTA tube
- 1 Clear plastic protective tube
- 1 Zip-lock bag
- 1 Test requisition form
- 1 Informed consent form
- 1 FedEx Clinical Pak with Prepaid Billable Stamp

- ◆ If you are missing kit components, please call Doctor's Data's Customer Service department for assistance.
- ◆ Save the cardboard collection kit box to ship your samples back to the laboratory.

### Collection Instructions:

1) Draw the blood into the supplied blood tube. Fill the tube completely (minimum 5 ml) and invert 10 times to ensure mixing.

2) Write the patient's name, the date of collection, and patient's date of birth on the specimen tube. Do not remove the cap from the blood tube for any reason. ***The test cannot be performed without the patient information on the tube.***

3) Place the blood tube into the clear plastic protective tube and cap. Place the plastic protective tube containing the specimen in the zip-lock bag. If unable to ship immediately, refrigerate the specimen.

**TIP:** To more easily remove the cap on the clear plastic protective tube, rock the cap back and forth while pulling.

4) Fill out the test requisition form completely and sign it. In the collection information section of the requisition form (located in the upper right hand corner), fill in the specimen collection date.

5) Please read and complete the Informed Consent for Molecular Genetic Testing form and sign.

6) Place the completed requisition form, the signed informed consent form, and the zip-lock bag containing the specimen in the kit box. ***The test cannot be performed without a properly filled out requisition and signed informed consent.*** The specimen is now ready for shipment.

To obtain the best results, Doctor's Data recommends shipping specimens as soon as possible. If you cannot arrange shipping on the same day you finish the collection, such as over a weekend or holiday, refrigerate the specimen until you are ready to ship. If you are not shipping the specimen within 4 days of collection, place the tube in the freezer until ready to ship.

**Consult your physician if you have any questions during the test collection process.**