



## US FedEx Shipping Instructions

- 1) Ship specimens Monday through Friday. If you complete the collection on the weekend, hold the specimen until the following Monday to ship.
- 2) Place the cardboard kit box containing the specimens and the completed test requisition form into the FedEx Clinical Pak.
- 3) Write your name and address in the space provided on the prepaid Billable Stamp and tear off the Customer Receipt for your records.
- 4) To schedule a pickup, call FedEx toll-free at 1-800-463-3339 (1-800-GO FEDEX). When you hear the automated greeting, say "Schedule a Pick-up." At the next prompt, say "Schedule a Pick-up with a Label or Stamp." You will then be asked if the word "Stamp" is written on the waybill; reply "Yes". You will be asked if your pickup location is a residence or a business; respond with your location type. You will then be prompted for your address information.

**Do not use a drop box.** FedEx will not accept specimens placed into a drop box.

If you are located in the United States and choose to use a different courier or level of service than provided or are located outside the United States, you must make your own shipping arrangements at your own expense.



US & CANADA: 1.800.323.2784 - UK: 0871.218.0052  
ELSEWHERE: 1.630.377.8139 - FAX: 1.630.587.7860  
3755 Illinois Avenue, St. Charles, IL USA 60174-2420  
inquiries@doctorsdata.com - www.doctorsdata.com

## Vaginosis Profile

### Before You Start:

Please read all of the directions, and familiarize yourself with the collection procedures. Temperature is critical. The BD collection system must be stored at room temperature - never refrigerate/freeze or expose to heat or light. After collection of samples, the samples must be received within 48 hours. **Do not collect and ship on a Friday.**

Avoid birth control foams or jellies, and douches 48 hours prior to collection. It is recommended to avoid collection during menses.

### Verify Kit Contents:

- 1 Styrofoam insulating sleeve
- 1 BD Eswab Collection System
- 1 Ziplock bag with absorbent material
- 1 Test requisition form
- 1 FedEx Clinical Pak with Billable Stamp

- ◆ If you are missing or have expired kit components, please call Doctor's Data's Customer Service department for assistance.
- ◆ Save the cardboard collection kit box to ship your samples back to the laboratory.

**Caution:** Avoid contact of the skin and eyes with the fluid in the vials. For eye contact, flush with water thoroughly for 15 minutes. For skin contact, wash thoroughly with soap and water. For accidental ingestion, contact your physician immediately.

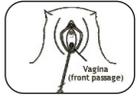
**Plan your collection so that you can ship the specimens on the same day. The specimens must be received at the laboratory within 3 days of collection.**

### Collection Instructions:

Use the contents of the BD Eswab Collection System



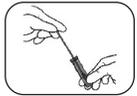
1) Prior to collecting the sample, open the plastic wrapped system and remove the collection tube - leave the swab in plastic. Remove the cap of the collection tube and place on counter taking care to avoid touching the inside of the cap. Place the opened collection tube upright on a flat surface.



2) Remove the swab from the plastic and with the other hand, carefully open the lips of the vagina. Insert the swab about two inches into the opening of the vagina.



3) Gently rotate the swab for 15 to 30 seconds against the sides of the vagina.



4) Withdraw the swab carefully and insert into the opened collection tube.



5) Carefully break the swab at the scored line on the shaft; use care to avoid splashing of contents. Discard the broken handle part of the swab.

6) Recap the collection tube. Ensure the cap is secured tightly.



7) Label the collection tube with the patient's name, date of collection, and date of birth. **The test cannot be performed without the patient information on the vial.**



8) Place the vial into the zip-lock bag then place the bag in the styrofoam insulating shell. Close the shell and place it into the cardboard shipping box.



9) Fill out the test requisition form completely and sign it. **The test cannot be performed without a properly filled out requisition.** Place the form in the cardboard shipping box. The specimens are now ready for shipment.

**Consult your physician if you have any questions during the test collection process.**